

# Nepal ActionAsia 3 day ULTRA 60k & 100k MARATHON

## 2017 - NEPAL Action Asia 3 day ULTRA - 60K

Overall Position	Race Number	Team/ Sponsor/ Charity	First Name	Last Name	Day 1	Day 2	Day 1 +2 Total Time	Day 3	3 Day Overall Timing	3 Day Final Timing	Cat Position	Category	Remarks
1	16		Cosmo	Richards	02:45:53	02:21:30	<b>5:07:23</b>	02:26:23	<b>07:33:46</b>	<b>07:33:46</b>	1	60km MEN 40-49	
2	101		Chun Pong	Lo	03:11:50	02:35:37	<b>5:47:27</b>	02:30:20	<b>08:17:47</b>	<b>08:17:47</b>	1	60km MEN 18-29	
3	116	ZOOBEETLE Paris	Johanna	El Iman	02:59:32	02:35:55	<b>5:35:27</b>	02:43:41	<b>08:19:08</b>	<b>08:19:08</b>	1	60km WOMEN 30-39	
4	106		Antoine	El Iman	02:59:40	02:36:10	<b>5:35:50</b>	02:43:20	<b>08:19:10</b>	<b>08:19:10</b>	2	60km MEN 40-49	
5	107		Matthew	Moodey	03:04:31	02:40:20	<b>5:44:51</b>	02:47:20	<b>08:32:11</b>	<b>08:32:11</b>	3	60km MEN 40-49	
6	121		Bettina	Anderson	03:04:31	02:40:20	<b>5:44:51</b>	02:47:20	<b>08:32:11</b>	<b>08:32:11</b>	1	60km WOMEN 40-49	
7	109		Jon	Westerby	03:01:44	02:42:51	<b>5:44:35</b>	02:52:41	<b>08:37:16</b>	<b>08:37:16</b>	4	60km MEN 40-49	
8	118		Tatyana	Kosareva	03:12:52	02:44:42	<b>5:57:34</b>	02:49:49	<b>08:47:23</b>	<b>08:47:23</b>	2	60km WOMEN 30-39	
9	122	WHub	Karena	Belin	03:30:59	03:01:23	<b>6:32:22</b>	02:53:21	<b>09:25:43</b>	<b>09:25:43</b>	2	60km WOMEN 40-49	
10	117		Karen	Farzam	03:30:59	03:01:23	<b>6:32:22</b>	02:53:21	<b>09:25:43</b>	<b>09:25:43</b>	3	60km WOMEN 30-39	
11	110		Boon Yam	LIM	03:30:58	02:53:33	<b>6:24:31</b>	03:06:06	<b>09:30:37</b>	<b>09:30:37</b>	1	60km MEN 50-59	
12	119		Valerie	Lagarde	03:30:59	03:02:10	<b>6:33:09</b>	03:07:03	<b>09:40:12</b>	<b>09:40:12</b>	4	60km WOMEN 30-39	
13	120		Frederique	Mercier	03:57:50	03:00:48	<b>6:58:38</b>	02:57:30	<b>09:56:08</b>	<b>09:56:08</b>	5	60km WOMEN 30-39	
14	129		Sandra	Pineda Antunez	03:55:35	03:09:53	<b>7:05:28</b>	03:10:08	<b>10:15:36</b>	<b>10:15:36</b>	3	60km WOMEN 40-49	
15	115		Nicole	Chung	03:58:34	03:13:33	<b>7:12:07</b>	03:19:47	<b>10:31:54</b>	<b>10:31:54</b>	6	60km WOMEN 30-39	
16	134		Leonie Elisabeth	Van Willigenburg	04:00:20	03:17:02	<b>7:17:22</b>	03:25:27	<b>10:42:49</b>	<b>10:42:49</b>	4	60km WOMEN 40-49	
17	36		Sherrin	Loh	04:05:53	03:30:34	<b>7:36:27</b>	03:08:16	<b>10:44:43</b>	<b>10:44:43</b>	5	60km WOMEN 40-49	
18	112		Yasushi	Shoshi	04:12:22	03:27:04	<b>7:39:26</b>	03:25:40	<b>11:05:06</b>	<b>11:05:06</b>	2	60km MEN 50-59	
19	104		Kin chung	Chan	03:59:16	04:37:51	<b>8:37:07</b>	03:11:59	<b>11:49:06</b>	<b>11:49:06</b>	5	60km MEN 40-49	
20	29		Jaime	Rennie	04:35:20	03:28:28	<b>8:03:48</b>	03:45:35	<b>11:49:23</b>	<b>11:49:23</b>	7	60km WOMEN 30-39	
21	28		Stephanie Ray	Molbert	04:36:28	03:28:38	<b>8:05:06</b>	03:45:35	<b>11:50:41</b>	<b>11:50:41</b>	8	60km WOMEN 30-39	

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Overall Position	Race Number	Team/ Sponsor/ Charity	First Name	Last Name	Day 1	Day 2	Day 1 +2 Total Time	Day 3	3 Day Overall Timing	3 Day Final Timing	Cat Position	Category	Remarks
22	108		Kai Hong Thomas	Tam	04:50:34	03:25:23	<b>8:15:57</b>	03:35:50	<b>11:51:47</b>	<b>11:51:47</b>	6	60km MEN 40-49	
23	132		Caroline	Spivey	04:28:22	03:53:51	<b>8:22:13</b>	03:42:33	<b>12:04:46</b>	<b>12:04:46</b>	6	60km WOMEN 40-49	
24	39		Amanda	Pang	05:01:00	03:56:27	<b>8:57:27</b>	03:37:20	<b>12:34:47</b>	<b>12:34:47</b>	7	60km WOMEN 40-49	D2 - changed from 100k to 60km
25	128		Lorrie	Joy	04:30:10	04:29:36	<b>8:59:46</b>	03:38:06	<b>12:37:52</b>	<b>12:37:52</b>	8	60km WOMEN 40-49	
26	103		Dominik	Born	04:36:54	03:53:51	<b>8:30:45</b>	04:09:02	<b>12:39:47</b>	<b>12:39:47</b>	7	60km MEN 40-49	
27	114		Karmen	Koh	04:46:39	04:51:36	<b>9:38:15</b>	03:59:14	<b>13:37:29</b>	<b>13:37:29</b>	1	60km WOMEN 18-29	D2 - 1hr PN
28	133		Wendy	Thomson	05:24:14	04:36:06	<b>10:00:20</b>	03:52:24	<b>13:52:44</b>	<b>13:52:44</b>	9	60km WOMEN 40-49	
29	125		Mildred	Feenstra	05:15:50	04:41:58	<b>9:57:48</b>	04:15:50	<b>14:13:38</b>	<b>14:13:38</b>	10	60km WOMEN 40-49	
30	124		Nicolle	De Kruiif-Ploum	05:15:54	04:41:58	<b>9:57:52</b>	04:15:50	<b>14:13:42</b>	<b>14:13:42</b>	11	60km WOMEN 40-49	
31	113		Robbie	Wood	05:42:40	05:21:52	<b>11:04:32</b>	03:13:30	<b>14:18:02</b>	<b>14:18:02</b>	3	60km MEN 50-59	
32	123		Poui Yee Sandra	Chung	05:42:40	05:21:52	<b>11:04:32</b>	04:13:30	<b>15:18:02</b>	<b>15:18:02</b>	12	60km WOMEN 40-49	
33	100		Te Sheng	Chang	04:50:34	07:03:42	<b>11:54:16</b>	04:09:30	<b>16:03:46</b>	<b>16:03:46</b>	2	60km MEN 18-29	D2 - 2hr PN
34	131		Tara	Smyth	06:06:58	05:51:46	<b>11:58:44</b>	04:49:37	<b>16:48:21</b>	<b>16:48:21</b>	13	60km WOMEN 40-49	
35	130		Sharon	Schenkel	06:06:58	05:51:46	<b>11:58:44</b>	04:49:37	<b>16:48:21</b>	<b>16:48:21</b>	14	60km WOMEN 40-49	
36	126		Ursula	Huber	06:06:58	05:51:46	<b>11:58:44</b>	04:49:37	<b>16:48:21</b>	<b>16:48:21</b>	15	60km WOMEN 40-49	
37	6		Thomas	Burkhalter	09:08:04	04:25:40	<b>13:33:44</b>	04:20:00	<b>17:53:44</b>	<b>17:53:44</b>	8	60km MEN 40-49	
38	25		Emilia	Emilia	09:08:04	04:25:40	<b>13:33:44</b>	04:20:00	<b>17:53:44</b>	<b>17:53:44</b>	9	60km WOMEN 30-39	
39	135		Tori	Deshayes	04:36:51	03:42:34	<b>8:19:25</b>	#N/A	#N/A	#N/A	1	60km WOMEN 50-59	Finished Day 1 & 2
40	136	Summit Survivors	Joan	Steidinger	08:58:16	06:30:20	<b>15:28:36</b>	#N/A	#N/A	#N/A	1	60km WOMEN 60+	D1 - 1 hr; D2 - 3 hr